



C.A.R.E. PROGRAM

Caregiver Assistance Resources and Education Program

Caregiver College



Macomb County

43421 Garfield Road, Clinton Township (near Henry Ford Macomb Hospital)
School-Based Health Conference Room

Get your “degree” in caregiving. Through a series of six classes, gain strategies and techniques to help you better care for your loved one. Topics include:

- Building effective connections
- Using local resources
- How to get organized
- Preventing and solving problems
- Home and medication safety
- Caregiver resilience

Dates: Tuesdays, Sept. 11 - Oct. 16

Time: 1 - 3 p.m. / Cost: \$5 per class

**To register and find additional Henry Ford Caregiver College classes:
www.henryford.com/caregivercollege**

Let Henry Ford make caregiving easier.

Call: (313) 874-4838

Email: CaregiverResources@hfhs.org

Web: www.henryford.com/familycaregivers