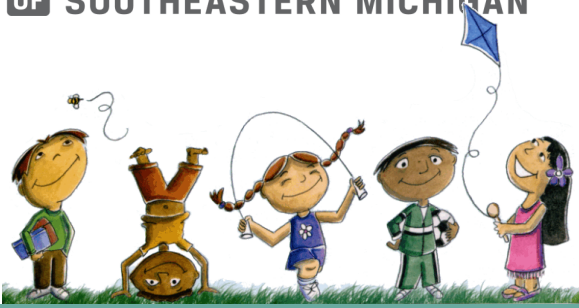




# Early Childhood Parent/ Child Workshops



## FREE Workshop: Managing Emotions

- Guided by a teacher, providing parents with new and exciting ways to manage emotions with their children.
- Calming activities and exercises to try with your child when they are feeling big emotions and don't know how to express them yet. This will teach your child to self soothe and understand their emotions
- Ages 5 and younger
- Snacks provided

**DATE: 6/11/19**

**TIME: 5:00-6:30 PM**

**For: Parents of children 0-5**

**Location: 31900 Utica Rd Fraser MI 48026**

**REGISTRATION IS REQUIRED & SPACE IS LIMITED**

**CONTACT CARE OF SEM AT 586.541.2273**

