



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONFIDENCE DISCIPLINE FUN

Martial Arts

LAKESHORE FAMILY YMCA

Imagine a classroom filled with happy, healthy, highly motivated people, training in traditional Tae Kwon Do, learning skills that will stick with them for the rest of their lives. At the YMCA, we take pride in our unique curriculum and approach to teaching. Our Senior Instructors Mark Losinski and Kate Woods are arming your child with a sharp mind, responsible reasoning and effective self-defense. A uniform is required. We offer classes through adulthood, but students can start as early as 4-years-old in the Tiny Tigers program.

LAKESHORE FAMILY YMCA

23401 East Jefferson, St. Clair Shores, MI 48080 P (586) 778-5811 ymcadetroit.org/lakeshore

Everyone is welcome. The YMCA of Metropolitan Detroit strengthens communities through youth development, healthy living and social responsibility.



Register Now for 2020

Classes meet Thursday evenings,
starting January 16th.

TIME	AGE	COST
5:30 pm	4 to 6	\$40/\$80
6:30 pm	7 to 14	\$45/\$85
7:30 pm	15 & up	\$50/\$90

MEMBER/NON-MEMBER