

PARTNER YOGA



Saturday, February 15, 2020 at 1 pm

Get fit together with Partner Yoga. You will be able to try new poses and find deeper expression to some familiar poses.

Beginners to experienced welcome.

Please bring a partner (this can be anyone you are comfortable with) and a yoga mat if you have one as we can't guarantee that either will be provided.

Registration is required. Please visit our website, call or stop by the library.



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