



# Sprint & Splash 2020

Saturday, June 20, 2020 | 9:00 A.M.

Lake St. Clair Metropark  
31300 Metro Pkwy  
Harrison Twp., MI 48045

Sprint and Splash events include a 5K Run / Walk, a Duathlon which combines a 5K run and a 2-mile paddle using a kayak or stand-up paddle board, a 2-mile kayak race, a 2-mile recreational Stand-Up Paddleboard race, and a 6-mile sanctioned Stand-Up Paddleboard race.

\$30 - \$70

After the race, participants can enjoy music, food, craft beer and vendors at the Beach Village.

To register, go to:

[https://runsignup.com/Race/MI/MountClemens/SprintSplash2020?  
afll\\_token=kqs8TKII2JfeBLPTXiznQWCa2qWsMRFW](https://runsignup.com/Race/MI/MountClemens/SprintSplash2020?afll_token=kqs8TKII2JfeBLPTXiznQWCa2qWsMRFW)