

Eating Disorders: Current Diagnoses and Treatments

**A Continuing Education Event for
Mental Health Professionals Presented by**

**NEW OAKLAND
FAMILY CENTERS** 



**Friday, June 9, 2017
7:30 a.m. – 12:00 noon**

**Michigan State University
Management Education Center
811 West Square Lake Road
Troy, MI 48098**

**Three (3) hours approved continuing education
units (CEUs) for Michigan social workers**



FEATURED PRESENTER Judith Banker, MA, LLP, FAED

Judith Banker, MA, LLP, FAED is the founder and Executive Director of the Center for Eating Disorders in Ann Arbor, which was established in 1983. Ms. Banker has years of experience with eating disorders program development and clinical consultation. She is a member of the Professional Advisory Panel of F.E.A.S.T. (Families Empowered and Supporting Eating Disorder Treatment), a member of the Advisory Board of the Academy for Eating Disorders (AED), a member of the Scientific Advisory Board for the Global Foundation for Eating Disorders and a professional consultant to Project Heal. Ms. Banker is past President and a Fellow of the AED. The 2011 recipient of the AED Clinical Leadership Award, Ms. Banker lectures internationally on clinical treatment. Her research and publications address a range of topics including research-practice integration, effective eating disorder treatment, and early identification and screening for eating disorders.



CO-PRESENTER Kathy Chen, PsyD, LP

Kathy Chen, PsyD, LP is a Licensed Psychologist and Director of Clinical Programming at New Oakland Family Centers. She oversees eating disorders programming at New Oakland as well as the daily functioning of the Farmington Hills site. Dr. Chen has received specialized education and training in child-adolescent and family clinical psychology in Chicago, IL. Specifically, she has a strong interest in working together with families and their loved ones with eating disorders. She has had years of experience working in mental health facilities that are specifically dedicated to eating disorders treatment. Dr. Chen has presented at several national eating disorders conferences, with topics including: binge eating disorder, non-suicidal self-injury and eating disorders, and acceptance and commitment therapy (ACT) in the treatment of eating disorders.

**Please join us on FRIDAY, JUNE 9 for an
EXCEPTIONAL OPPORTUNITY**
to hear from two of the country's leading
experts on the identification and treatment of
eating disorders.

A REGISTRATION FEE OF ONLY \$29
includes: Two learning sessions, pre-event
breakfast and snacks and beverages

Program Agenda

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|----------------------|--|
| 7:30 - 8:00 | Registration |
| 8:00 - 8:15 | Welcome and Introductions |
| 8:15 - 10:00 | Judith Banker, MA, LLP, FAED
Diagnosis of Eating Disorders: DSM-5
Symptoms of Anorexia Nervosa, Bulimia
Nervosa and Binge Eating Disorder
Eating Disorders Level-of-Care Guidelines
Treatment of Eating Disorders-Psychodynamic
Interventions |
| 10:00 - 10:15 | Break |
| 10:15 - 11:45 | Kathy Chen, PsyD, LP
Family Involvement in Eating Disorder
Treatment
Family Therapy Conceptualization
Family Therapy Interventions |
| 11:45-12:00 | Discussion and Q&A |

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Program Learning Objectives

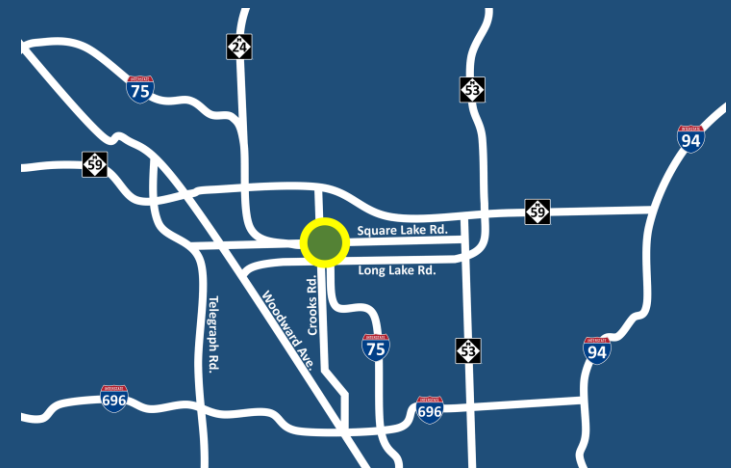
1. Identify diagnostic criteria each for Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder in the DSM-5
2. List at least 5 specific questions to ask when assessing for an eating disorder at intake
3. Name at least 5 of 8 Bowenian family therapy concepts
4. Apply at least 1 Bowenian family therapy concept in the treatment of eating disorders through a clinical vignette
5. Identify at least 2 topics related to eating disorders psychoeducation that can enhance family support
6. Define at least 3 psychodynamic tools used in the treatment of EDs
7. Identify at least 3 common issues in the treatment of EDs
8. List ways that a strong therapeutic relationship can prevent disruptions in care when treating clients with EDs

Registration fee: \$29
Deadline: May 15, 2017
Three ways to register:

1. Our preferred registration method is **online** at **NewOakland.Eventbrite.com** and complete your registration by clicking the "tickets" button
2. Via email at **EDContinuingEd@NewOakland.org**
3. By phone by calling **800-395-3223** (leave a message with your name and phone # and we will return your call)



**Hosted June 9, 2017 at the
Michigan State University
Management Education Center
811 West Square Lake Road, Troy, MI 48098**



NEW OAKLAND FAMILY CENTERS



**The right care . . .
. . . at the right time**

Wayne County

Livonia
31500 Schoolcraft Rd.
Livonia, MI 48150
(734) 422-9340

Southgate
13305 Reeck Rd.
Southgate, MI 48195
(734) 225-2090

Oakland County

Clarkston
6549 Town Center Dr.
Clarkston, MI 48346
(248) 620-6400

Farmington Hills
32961 Middlebelt Rd.
Farmington Hills, MI 48334
(248) 855-1540

Macomb County

Center Line
26522 Van Dyke Ave.
Center Line, MI 48015
(586) 759-4400

Clinton Township
42669 Garfield Rd.
Clinton Twp., MI 48038
(586) 412-5321

Warren
8150 Old 13 Mile Rd.
Warren, MI 48093
(586) 825-9700

Genesee County

Flint
2401 South Linden
Flint, MI 48532
(810) 957-4310