



TTI Training Opportunities 2018

Training & Treatment Innovations, Inc.

www.ttiinc.org

Making Sense of SSI and SSDI

This course provides participants with a foundation understanding of the two disability benefits programs. Participants learn about eligibility requirements and basic processes for completing applications. Effective writing skills and inclusion of key functional information will be explored.

Date: Weds., June 20

Time: 9 a.m.-4 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 6 **Cost:** \$90

Integrated Healthcare: Health Concerns and Psychiatric Diagnosis

Individuals with psychiatric, alcohol abuse and/or substance use diagnoses often face physical health problems that can be associated with their primary diagnosis, or are completely unrelated. Examine some of the most common physical illnesses, risk factors, and opportunities for education and coordination of care.

Date: Weds, June 27

Time: 9-11 a.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 2 **Cost:** \$30

Motivational Interviewing

Participants will be introduced to the Stages of Change model of treatment being used with adults with psychiatric disorders. The connection to Motivational Interviewing will be highlighted as each stage is reviewed and discussed.

Date: Weds., July 11

Time: 9 a.m.-12 p.m.

Location: 929 Stevens St., Flint

Social Work CEUs: 3 **Cost:** \$45

Integrated Healthcare: Understanding and Reading Medical Documents

Learn to make sense of common medical lab reports so you can better help consumers manage their physical well-being. Develop a layperson's understanding of

these documents and how to respond when critical issues arise, including accessing medical personnel.

Date: Weds., July 11

Time: 1-3 p.m.

Location: 929 Stevens St., Flint

Social Work CEUs: 2 **Cost:** \$30

Harm Reduction

Focus will be on understanding how harm reduction methodology and philosophy is different from traditional clinical approaches. Specific intervention skills will be examined, including skills associated with stages of change, motivational interviewing and methodology associated with DBT.

Date: Thurs., July 26

Time: 9 a.m.-12 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 3 **Cost:** \$45

Compassion Fatigue

This workshop explores the basis of anxiety, frustration and stress within the work that we do and goes on to address strategies for taking care of ourselves. Participants will identify the difference between compassion fatigue and burnout and some of the issues affecting them.

Date: Thurs., July 26

Time: 1-3 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 2 **Cost:** \$30

Suicide Assessment and Crisis Planning

Risk factors for suicide, such as substance use and alcohol abuse, are examined, as is acute versus chronic risk. Learn a process for comprehensive suicide assessment and decision making about level of risk and follow-up needs.

Date: Thurs., Aug. 23

Time: 9 a.m.-12 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 3 **Cost:** \$45

Integrated Healthcare: Diabetes Management

Develop an understanding of the types of diabetes, risk factors faced by consumers of behavioral health services and common treatment approaches.

Date: Thurs., Aug. 23

Time: 1-3 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 2 **Cost:** \$30

Trauma Informed Treatment

Develop a fundamental understanding of the philosophical premise of trauma informed care, statistics related to trauma as experienced by individuals receiving behavioral health services today, triggers as they relate to traumas experienced and interventions that form the basis of trauma informed care.

Date: Thurs., Sept. 13

Time: 9 a.m.-12 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 3 **Cost:** \$45

Integrated Healthcare: Healthy Hearts

Learn about cholesterol and blood pressure management as it applies to consumers of behavioral health services. Risk factors and common treatment approaches, including healthy lifestyles and diets, will be taught.

Date: Thurs., Sept. 13

Time: 1-3 p.m.

Location: 1225 E. Big Beaver Rd., Troy

Social Work CEUs: 2 **Cost:** \$30

To register, contact Dolores Carter at dcarter@ttiinc.org or (248) 524-8801.

For more information on trainings, visit our website at www.ttiinc.org.