Trauma Recovery and and Empowerment Model"

(TREM) Trans Women's Group

Tuesday 4:30pm – 6:00pm

Closed Groups

Weekly Sessions 90 Minutes / 5 Months

🖶 Psycho – Educational Group



"Help to Develop Skills to Deal with Current life problems, which might be related to past trauma"

Skill Development

Some topics to be discussed:

- Intimacy & Trust
- o Family Life
- o Blame, Acceptance, and Forgiveness
- Decision Making
- Physical/Emotional Boundaries
- Anger: Behavior & Thinking





For more details, please contact Quintin Stroud 313-247-9254 or Marcus Pratt 313-825-2416

