

Strengthening Families Program

This program will help:

- enhance family communication
- family and social bonding
- skills to resist peer pressure
- skills to decrease family conflict
- enhance nurturing skills
- techniques to deal with stress

Macomb Family Services
and the Northwest Macomb
Prevention Coalition are
proud to offer this program.



This is a totally free 7 week program that will give you the chance to have a fantastic time with your kids and make your family the best it can be!

Program details:

6:00-7:00 Free Dinner

7:00-8:00 Parent Group and Youth Group

8:00-8:30 Family Group

For Parents and Youth Ages 8 to 15
(Licensed Childcare for those under 8)

Program held on Wednesdays:

June 6, 13, 20, 27

July 2, 11, 18

- Every Wednesday beginning June 6th —July 18th
- Free Dinner Each Session
- \$25 Gift Card Raffle each session!
- Free Licensed Childcare for younger family Members (under age 8)
- \$150.00 Gift Card Upon Completing the Program!
- All families included (i.e. two parent family, single parent, foster parent, grandparents raising grandchildren...
- **Limited to the First 7 Families to Register**
- jthayermfs@gmail.com

This program is a 7 session, evidence-based family skills, children's social skills, and family life skills training program. Adults and children participate in age group sessions and in family group sessions. Fun activities, family bonding as well as social bonding with other families.

Contact 586-752-9696 ext. 211 or e-mail jthayermfs@gmail.com Register Today!!

**Program will be held at Macomb Family Services from 6-8:30p.m.
124 West Gates Romeo, MI 48065**

Federal and State funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs. Support has also been provided through United Way Community Services and private donations. Recipients of substance abuse prevention services have rights protected by State and Federal law and public rules. For information, visit or call an MFS Recipient Rights Advisor at (586) 226-3440