

MACOMB COUNTY

Health and Wellness Fair

Saturday,
August 16, 2025

10am–2pm

Macomb Intermediate School District
44001 Garfield Road
Clinton Township, MI 48038

Explore a wellness event where families and people **of all ages** can maximize their emotional and physical well-being to:

- ♥ **Encourage** habits of wellness in physical health, mental health and substance use recovery
- ♥ **Increase** awareness of factors and resources contributing to well-being
- ♥ **Inspire and empower** individuals to improve their health and wellness

Community Partners come together to share interactive activities that promote aspects of mental wellness, with an overarching goal to help prevent suicide, substance misuse, and promote overall health and wellness.

FREE! FREE! FREE!

- Health Screenings
- Activities and resources
- Face painting • Yoga
- Food • Meditation



For more information, contact Crystal Birchall, chirchall@misd.net