

Third Thursday: **Enjoying Family Celebrations: Tips for Caregivers**

Family celebrations and holidays can provoke a mix of emotions.

Come discuss how to:

- Anticipate challenges before gatherings
- Set realistic expectations
- Include the person living with dementia by adapting activities and traditions
- Stay flexible during events
- Adjust gift-giving
- Embrace the positives



Disability Eastern **Network** Michigan



Thursday, December 18, 2025

6:00 - 8:00 PM Hybrid FormatJoin on Zoom or in person at:

Disability Network Eastern Michigan 16655 15 Mile Rd., Suite B, Clinton Twp.

Presenter:

Debra Ross, Alzheimer's Association

RSVP Required via Website or QR Code https://tinyurl.com/3rdThursdayDecember

Questions?

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Third Thursday is our free monthly educational series that shares valuable information from trusted disability experts.

