

Join Us for Online Webinar
Nov 24, 2026 from 12 - 1 pm, ET

LIVING WELL WITH DIABETES
KEEP MOVING

You will learn ways to cope with these barriers and discover the various types of physical activity and options for staying active for your health goals.

Registration required:
https://www.canr.msu.edu/events/keep-moving-to-prevent-health-problems-nov-2026

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